



Monroe County Children's Services Mental Health/Preventive

www.monroecounty.gov/mh-index.php

Program/Agency	Admission Criteria	Service Details	Contact Number/Location
Community Mental Health Centers			
Cayuga Center (formerly Cayuga Home for Children) – Monroe Youth and Family Center	<p><i>Target Population:</i></p> <ul style="list-style-type: none"> • Children & adolescents ages 5-18 • Adults who are caring for children ages 0-18 	<ul style="list-style-type: none"> • Individual, Family and Group therapy using evidence based models • Medication therapy with access to full-time Child-Adult Family Psychiatrist • 24/7 on call coverage for admitted individuals • Open Mon-Thurs. 7am – 8pm, Friday 7am – 5pm, & Saturday 9am – 2pm 	<p><i>Intake:</i> (585) 546-1960</p> <p><i>Location:</i> 175 Humboldt Street, 14610 www.cayugahome.org/</p>
Catholic Family Center	<p><i>Target Population:</i></p> <ul style="list-style-type: none"> • Children & adolescents ages 6-18 • Targeted towards (but not exclusively) for children/adolescents with SED • Adult services also provided 	<ul style="list-style-type: none"> • Services provided include: diagnosis and assessment services, crisis intervention, medication therapy, medication education, symptom management, clinical support services and a variety of verbal therapies, play therapy • Specializes in working with youth who have been sexually abused 	<p><i>Intake:</i> (585) 262-7149</p> <p><i>Locations:</i> Central Office: 87 N. Clinton Avenue, 14604 www.cfcrochester.org</p>
Crestwood Children's Center (CCC)	<p><i>Target Population:</i></p> <ul style="list-style-type: none"> • Children and youth up to the age of 18 at the time of intake (but can provide services up to 26th birthday). • Children and youth in need of mental health treatment • Current DSM diagnosis – axis I – (clients with primary diagnosis of alcohol or drug abuse, organic brain syndrome or developmental disabilities are not eligible for services) • Children or youth have psychiatric 	<ul style="list-style-type: none"> • Screening and assessment • Service planning and monitoring • Psychotherapy – Individual (using Evidence Based Programs such as Dialectical Behavioral Therapy, Cognitive Behavioral Therapy, Trauma-Focused Cognitive Behavioral Therapy; various modalities available: Expressive/art; play Family therapy) • Psychiatric evaluation and medical management • Crisis intervention 	<p><i>Intake:</i> (585) 256-7500</p> <p><i>Locations:</i> Main Clinic: 2075 Scottsville Road, 14623 Satellite office: 1337 E. Main St., 14609 www.hillside.com</p>

	<p>symptoms, behavioral or cognitive impairment in at least one area of their life due to psychiatric symptoms</p> <ul style="list-style-type: none"> • Family is willing to attend regularly and participate 	<ul style="list-style-type: none"> • Referral and linkage 	
Rochester General Behavioral Health Services	<p><i>Target Population:</i></p> <ul style="list-style-type: none"> • Children up to age 18 • Adult services also provided 	<ul style="list-style-type: none"> • Services provided include: diagnosis and assessment services, crisis intervention, medication therapy, medication education, symptom management, clinical support services and a variety of verbal therapies, play therapy • School Based Programs: Primary care services in collaboration with community pediatrician. Full outpatient mental health services including individual, play and medication therapies, group/family therapy; case management/outreach worker. 	<p><i>Locations:</i></p> <p>Rochester Mental Health Center: 490 E. Ridge Rd. (585) 922-2500</p> <p>Genesee Mental Health Center: 224 Alexander Park (585) 922-7770</p> <p>www.rochestergeneral.org/behavioral-health-network</p>
Strong Child & Adolescent Clinic	<p><i>Target Population:</i></p> <ul style="list-style-type: none"> • Children up to age 18 • Adult services also provided 	<ul style="list-style-type: none"> • Services include: include individual, group, or medication therapy, parent counseling, school consultation, and/or psychological testing 	<p><i>Intake:</i></p> <p>585-279-7800</p> <p><i>Location:</i> 315 Science Parkway, 14620</p> <p>www.urmc.rochester.edu</p>
Easter Seals Diagnostic & Treatment Center	<ul style="list-style-type: none"> • Children with developmental disabilities and autistic spectrum needs 	<ul style="list-style-type: none"> • Medical services • Clinical psychological services, speech pathology, initial medical consultation, comprehensive evaluations, family support, and health education. 	<p><i>Contact:</i> (585) 292-5830</p> <p><i>Location:</i> 103 White Spruce Boulevard, 14623</p> <p>www.easterseals.com</p>
Family Support			
Better Days Ahead	<ul style="list-style-type: none"> • Families of children with emotional & behavioral challenges 	<ul style="list-style-type: none"> • Services provided by family mentors (parents/caregivers of children with emotional & behavioral challenges) • Services include: individual & group support for youth and parents, educational and parenting classes, care coordination orientation for families, IDEA training, and 	<p><i>Contact:</i> (585) 325-3145 ext. 131: Intake worker: Angie Coville</p> <p><i>Location:</i> 320 N. Goodman St, 14607</p> <p>www.betterdaysahead.org</p>

		<p>individual education advocacy for children with emotional and behavioral disorders</p> <ul style="list-style-type: none"> Family support satellite locations include Compeer & Strong 	
Community Care	<ul style="list-style-type: none"> Parents, family members or caregivers of children with emotional & behavioral challenges 	<ul style="list-style-type: none"> Support provided Parent Resource Expert (PRE) (parents/caregivers of children with emotional & behavioral challenges) Assists with navigating the human services system (mental health, educations, etc.) 	<p><i>Locations:</i> SWAN 275 Dr. Samuel McCree Way, 14611 – Valerie Ingram (585) 436-8201</p> <p><i>Center for Youth</i> 905 Monroe Avenue, 14620– Jamiylah Miller (585) 473-2464 x133</p>
Mental Health Association	<ul style="list-style-type: none"> Any individual with mental health challenges & their family members 	<ul style="list-style-type: none"> Provides programs and services that focus on the areas of information, support, and advocacy 	<p><i>Contact:</i> (585) 325-3145 <i>Location:</i> 320 N. Goodman St., 14607 www.mharochester.org</p>
National Alliance on Mental Illness (Rochester Chapter)	<ul style="list-style-type: none"> Any individual with mental health challenges & their family members 	<ul style="list-style-type: none"> Provide support, education and advocacy 	<p>(585) 423-1593 <i>Location:</i> 320 N. Goodman St., 14607 www.namirochester.org</p>
The Advocacy Center	<ul style="list-style-type: none"> Any individual with any disability & his/her family members 	<ul style="list-style-type: none"> Provides information, resources, advocacy and service coordination 	<p><i>Intake:</i> (585) 546-1700 <i>Location:</i> 590 South Avenue, Rochester, 14620 www.advocacycenter.com</p>
FACT			
Family Access and Connection Team	<ul style="list-style-type: none"> Community's highest needs/highest risk children & youth 	<ul style="list-style-type: none"> Is an integrated entry point of care for Office of Mental Health Children's Single Point of Access (SPOA) & PINS Diversion system FACT referrals must be initiated by parents/caregivers with the exception of 	<p><i>Intake:</i> (585) 753-2639 <i>Location:</i> 1099 Jay St. Bldg. J, Rochester, 14611</p>

		<p>school referrals for PINS</p> <ul style="list-style-type: none"> • Facilitator will provide individualized planning and connect family to any specialized services • Facilitator can assist with the PINS petition process as requested by parent/caregiver if youth & family are unable to resolve issues • Schools may file a truancy protocol referral form for ongoing truancy issues • Education Liaison is available to consult with school districts 	
Skill-building/Mentoring			
Big Brother/Big Sister	<ul style="list-style-type: none"> • Youth ages 6 – 18 years old 	<ul style="list-style-type: none"> • Community-based and school-based mentoring programs for “bigs” to meet with “littles” one hour per week • Other programs include Mentoring Children of Prisoners and the Hispanic Mentoring Initiative 	<p><i>Contact:</i> (585)442-2250 <i>Location:</i> 232 S. Plymouth Avenue, 14608 www.bbbsr.org</p>
Boys and Girls Club of Rochester, Inc.	<ul style="list-style-type: none"> • Youth age 5 – 20 years old. 	<ul style="list-style-type: none"> • One to One skill building at home, or in the community • Short term, based on individual need 	<p><i>Contact:</i> (585) 328-3077 X109 <i>Location:</i> 500 Genesee Street 14611 www.bgcrochester.org</p>
Youth One-to-One (Compeer)	<ul style="list-style-type: none"> • Youth ages 6 – 18 years old • Youth experiencing significant emotional and behavioral challenges 	<ul style="list-style-type: none"> • Volunteers use goal-oriented activities that teach skills to improve interpersonal skills, community success, and school performance. • Matches are professionally supported and monitored to make the youth’s social and emotional well-being a priority • Matches meeting a minimum of four hours per month • Family support is provided by an onsite family mentor through a collaboration with BDA 	<p><i>Contact:</i> (585) 546-8280 x117 <i>Location:</i> 259 Monroe Avenue, 14607 www.rochester.compeer.org</p>
Community Partnership (St.	<ul style="list-style-type: none"> • Youth age 5- 18 years old. 	<ul style="list-style-type: none"> • Services include: Intensive Skill Building(One 	<p><i>Contact:</i> (585) 328-0740</p>

Joseph's Villa)		on One, Group, Wake Up Rochester/School Support, Sibling workshops, Respite); FACES; Educational Advocacy	St. Joseph's Villa www.stjosephsvilla.org 1099 Jay Street, Bldg. P 14611
Customized Services (Hillside Children's Center)	<ul style="list-style-type: none"> Families with children with Serious Emotional Disorder or Behavioral challenges There must be a contract in place with a funder who agrees to purchase the service(i.e. DSS, OMH, Education Department 	<ul style="list-style-type: none"> Services may include any of the following depending on your area: Individual Skillbuilding; Parent Support and Education; Skill based Groups; Trauma Focused Cognitive Behavioral Therapy; Mentoring. Additional services may be developed to meet specific service needs. 	<i>Contact:</i> (585) 256-7600 Hillside Family of Agencies <i>Location:</i> 1337 E. Main St, 14609 www.hillside.com
Mentoring Children of Promise (Compeer)	<ul style="list-style-type: none"> Age range: 4-18 years One or both parents must be incarcerated in a state or federal facility Volunteers must be 18 or older 	<ul style="list-style-type: none"> The MCP program matches community volunteers in friendship- based relationships with youth whose parents are in state or federal correction facilities. Volunteers use goal-oriented activities that teach skills to improve community success and school performance. Matches are professionally supported and monitored to make the youth's social and emotional well-being a priority 	<i>Coordinator:</i> (585) 546-8280 x117 <i>Location:</i> 259 Monroe Avenue, 14607 www.rochester.compeer.org
Youth Drop-In Center (Hillside Children's Center)	<ul style="list-style-type: none"> Youth ages 13-22 Runaway, homeless or street involved youth 	<ul style="list-style-type: none"> Open three evenings a week, Tuesdays and Thursdays, 3 pm to 7 pm and Fridays, 3 pm to 6 pm A light meal, free laundry, recreational and supportive services are offered to all visitors. 	<i>Contact:</i> (585) 256-7500 Hillside Family of Agencies <i>Location:</i> 1337 E. Main St., 14609 www.hillside.com
Care Coordination/In-home Services			
Aftercare (St. Joseph's Villa)	<ul style="list-style-type: none"> Youth leaving residential care, group home or Therapeutic Foster Care Accessed via DHS Preventive 	<ul style="list-style-type: none"> Services begin prior to discharge from out of home placement Help youth make a successful return to their families, schools and communities and to prevent a recurrent placement Social workers provide in-home therapy, school consults, employment assistance, life skills training, and referrals to mental health services and community resources 	<i>Contact:</i> 585-328-0740 x188 Cheri King St. Joseph's Villa <i>Location:</i> 1099 Jay St, Bldg. P, 14608 www.stjosephsvilla.org

<p>Bridges to Health (Hillside Children's Center)</p>	<ul style="list-style-type: none"> • Children in the care and custody of DSS, OCFS, or in Department of Juvenile Justice. • Opportunities for Youth supervision, who have developmental disabilities, mental health diagnoses, and or medical problems that are so severe they are at risk for hospital or out of home placement. 	<ul style="list-style-type: none"> • Services: Health Care Integration, Crisis Respite, Planned Respite • Crisis Avoidance management and training • Day Habilitation, Family Caregiver Supports and Services • Special Needs Community Advocacy and Supports • Immediate Crisis Response, Intensive In home Services • Skill building Services • Supported Employment, Prevocational Services. 	<p>Contact: (585) 256-7600 Hillside Family of Agencies Location: 1183 Monroe Avenue, 14620 www.hillside.com</p>
<p>Building Bridges Program</p>	<ul style="list-style-type: none"> • Youth who are in the custody of the MCDHS and newly placed in an OCFS certified placement with a Monroe County residential provider 	<ul style="list-style-type: none"> • Use of the Child and Family Team process and individualized service planning • Promote smooth transitions among agencies and providers • Integrate services with coordinated planning across the child serving systems; all designed to reduce length of stay and successfully transition youth back to the community. 	<p>Contact: (585) 753-2624 (MCDHS)</p>
<p>Functional Family Therapy Program (FFT) (Cayuga Home)</p>	<ul style="list-style-type: none"> • At-risk children ages 11 – 18 • Demonstration of acting out behaviors including conduct disorder, truancy, substance involvement, gang related behavior, etc. • Services are obtained through FACT or by Probation if youth is already involved 	<ul style="list-style-type: none"> • Works in partnership with families to increase overall functioning • Short-term intervention provided over a 3-4 month time period for 8-12 1-hour sessions (may provide up to 26 sessions) • Family progress is tracked for 18 months • Booster sessions are offered as needed 	<p>Contact: (585) 546-1960 Cayuga Home for Children Location: 175 Humboldt St., 14610 www.cayugahome.org</p>
<p>Intensive/Supportive Case Management (St. Joseph's Villa)</p>	<ul style="list-style-type: none"> • Children age 5 – 21 who are Seriously Emotionally Disturbed and have a GAF score of 50 or below. • Services are obtained through FACT 	<ul style="list-style-type: none"> • Identifying and linking services and support both formal and informal/natural 	<p>Contact: (585) 325-3580 St. Joseph's Villa Location: 1099 Jay St, Bldg. P 14611 www.stjosephshsvilla.org</p>

Home & Community Based Services – Waiver (Hillside Children’s Center)	<ul style="list-style-type: none"> • Children age 5 – 21 who are seriously emotionally disturbed, GAF score of 50 or below. • Services are obtained through FACT 	<ul style="list-style-type: none"> • Services: Care Coordination, Respite Care, Family Support Services, Crisis Response Services, Intensive In Home Services and Skill Building Services. 	<p>Hillside Family of Agencies (585) 256-7600 www.hillside.com 1183 Monroe Ave, 14620</p>
Home & Community Based Services – Waiver Program (St. Joseph’s Villa)	<ul style="list-style-type: none"> • Children age 5 – 21 who are seriously, emotionally disturbed, GAF score of 50 or below. • Services are obtained through FACT 	<ul style="list-style-type: none"> • Services: Care Coordination, Respite Care, Family Support Services, Crisis Response Services, Intensive In Home Services and Skill Building Services. 	<p><i>Contact:</i> (585) 325-3580 St. Joseph’s Villa <i>Location:</i> 1099 Jay St, Bldg. P 14611 www.stjosephsvilla.org</p>
Multisystemic Therapy Program (MST) (Cayuga Home)	<ul style="list-style-type: none"> • Youth ages 10 – 18 • At-risk for out-of-home placement due to involvement in the juvenile justice system • Youth diagnosed with SED • Services are obtained through FACT or by Probation if youth is already involved 	<ul style="list-style-type: none"> • Primary goals are to: eliminate youth criminal activity, reduce antisocial behavior and decrease rates of incarceration and out-of-home placements • Home-based work is short term, average length of treatment is 4 months • Any combination of the following services could be provided: individual sessions with parents, family therapy, marital therapy, CD assessment, drug/alcohol treatment, consultation with school system, liaison for probation, court, and social service agencies 	<p><i>Contact:</i> (585) 546-1960 Cayuga Home for Children <i>Location:</i> 175 Humboldt St., 14610 www.cayugahome.org</p>
Transitional Services (St. Joseph’s Villa)	<ul style="list-style-type: none"> • Youth ages 14 to 20 without family support • Services are obtained through Youth Opportunity Unit (YOU) team - DHS 	<ul style="list-style-type: none"> • Services begin prior to discharge from out of home placement • Assists youth transitioning from residential placement to independent life in the community • Staff provide ongoing counseling and support, teach independent living skills, help teens establish and work toward educational, vocational and social goals, and connect the teens with helpful community resources and organizations. 	<p><i>Contact:</i> Elysie McIntyre - 753-6070 elsie.macintyre@dfa.state.ny.us <i>Location:</i> 37 S. Washington St, Bldg. P www.stjosephsvilla.org</p>
Youth & Family Partnership (YFP)	<ul style="list-style-type: none"> • Services are accessed through Probation and Family Court 	<ul style="list-style-type: none"> • Empower families to identify their strengths and needs and develop an individualized plan of care that utilizes natural, informal 	<p><i>Contact:</i> 753-2626 <i>Location:</i> 1099 Jay St. Bldg J 14611</p>

	<ul style="list-style-type: none"> Youth who are 17 years old or younger, has a mental health diagnosis and is: <ul style="list-style-type: none"> Pins/JD, voluntary on the verge of placement with DHS JD youth on the verge of placement with OCFS Currently in Foster Care and on the verge of Residential placement. Currently in Residential Care with OCFS or DHS and the involvement with YFP can be expected to substantially reduce the length of stay. 	<p>and formal supports.</p> <ul style="list-style-type: none"> Building effective linkages and relationships to support the family in the least restrictive most effective environment 	
Vocational Services			
Hillside Work Scholarship	<p><i>Target Population:</i></p> <ul style="list-style-type: none"> Middle to High school students with SED At-risk of dropping out of school 	<ul style="list-style-type: none"> Program to support students to stay in school Provide vocational and job readiness training Support youth while employed 	<p><i>Contact:</i> (585) 256-7500 Location: 1 Mustard Street, 14609 www.hillside.com</p>
S.A.V.E (St. Joseph's Villa)	<p><i>Target Population:</i></p> <ul style="list-style-type: none"> 13 to 16 year old students with SED 	<ul style="list-style-type: none"> Goal of program is to develop employability skills by <ul style="list-style-type: none"> Helping students to link school and work preparation Reinforce concepts taught in vocational education classes Support students in a work environment Work with students and their families to implement vocational plans that will continue after placement. 	<p><i>Contact:</i> (585)865-1550 ext. 246. <i>Location:</i> 3300 Dewey Avenue , 14616 www.stjosephsvilla.org</p>
Educational Services			
<i>Day Treatment Services</i>			
Avalon School (St. Joseph's Villa)	<ul style="list-style-type: none"> Serves youth ages 12-18 	<ul style="list-style-type: none"> Services include: individual/family/group 	<i>Intake:</i>

	<ul style="list-style-type: none"> • Services accessed via Committee on Special Education (CSE) 	<p>therapy, psychological & psychiatric evaluations, speech/language therapy, occupational</p> <ul style="list-style-type: none"> • Youth are actively involved in volunteer work throughout the community 	<p>(585)227-6920 <i>Location:</i> 3300 Dewey Avenue, 14616 www.stjosephsvilla.org</p>
Creekside Day Treatment (Developmental Disabilities) – Hillside Children’s Center	<ul style="list-style-type: none"> • Age range 5-21 • Serves children with dual diagnosis • Services accessed via Committee on Special Education (CSE) 	<ul style="list-style-type: none"> • Collaboration with BOCES #1 • Services include: academic and social skill development, psychiatric care, individual and family psychotherapy, vocational training and work place readiness, psychological evaluation and consultation, crisis intervention, behavior management 	<p><i>Intake:</i> (585) 256-7500 <i>Location:</i> 41 O’Conner Rd, 14450 www.hillside.com</p>
Early Childhood Center (Crestwood Children’s Center)	<ul style="list-style-type: none"> • Children ages 3 - 10 • Services accessed via Committee on Special Education (CSE) 	<ul style="list-style-type: none"> • Must be referred by home school district’s CSE • Provides a full-day educational program in a 6:1:1 classroom • Services include: individual/family/group therapy, psychological & psychiatric evaluations, speech/language therapy, occupational therapy 	<p><i>Intake:</i>(585) 256-7500 <i>Location:</i> 2075 Scottsville Rd, 14623 www.hillside.com</p>
Elementary Education Center (Crestwood Children’s Center)	<ul style="list-style-type: none"> • Children ages 9 - 15 • Services accessed via Committee on Special Education (CSE) 	<ul style="list-style-type: none"> • Must be referred by home school district’s CSE • Provides a full-day educational program in a 6:1:1 classroom • Services include: individual/family/group therapy, psychological & psychiatric evaluations, speech/language therapy, occupational 	<p><i>Intake:</i> (585) 256-7500 <i>Location:</i> 2075 Scottsville Rd, 14623 www.hillside.com</p>
Specialized Day Treatment (Crestwood Children’s Center)	<ul style="list-style-type: none"> • Children transitioning out of residential services • Services accessed via CSE 	<ul style="list-style-type: none"> • Must be referred by home school district’s CSE • Provides a full-day educational program in a 6:1:1 classroom • Services include: individual/family/group therapy, psychological & psychiatric evaluations, speech/language therapy, occupational 	<p><i>Intake:</i> (585) 256-7500 <i>Location:</i> 2075 Scottsville Rd, 14623 www.hillside.com</p>
Halpern Education Center –	<ul style="list-style-type: none"> • Children ages 3 – 12 	<ul style="list-style-type: none"> • Must be referred by home school district’s 	<p><i>Intake:</i></p>

(Hillside Children's Center)	<ul style="list-style-type: none"> • Must have an Axis I diagnosis • Services accessed via CSE 	<p>CSE</p> <ul style="list-style-type: none"> • Provides a full-day educational program in a 6:1:1 classroom • Services include: individual/family/group therapy, psychological & psychiatric evaluations, speech/language therapy, occupational 	<p>(585) 256-7500 <i>Location:</i> 695 Bay Rd, 14580 www.hillside.com</p>
<i>Educational Programs – Other</i>			
BOCES 2 Therapeutic Day Program	<ul style="list-style-type: none"> • For students with disabilities in grades 6-12 who have mental health needs, severe behavioral disorders/psychiatric difficulties or problems that cannot be effectively addressed in their existing setting. • Services accessed via Committee on Special Education (CSE) 	<ul style="list-style-type: none"> • 6:1:1 Classrooms with a mental Health professional in close proximity so therapy can occur throughout the day • Speech, Occupational and/or Physical Therapy are available based on a student's IEP • Vocational services are provided • Individual and Family Counseling • Staff trained in Therapeutic Crisis Intervention(TCI) and Life Space Interviewing (LSI) strategies • Psychiatry and Crisis Support. The program use the Positive Behavior Intervention and Supports model (PBIS) 	<p><i>Contact:</i> (585) 352-3753 <i>Location:</i> 3599 Big Ridge Rd. 14559</p>
Primary Mental Health Project (Children's Institute)	<ul style="list-style-type: none"> • Young children at risk for social & emotional problems attending school in the RCSD 	<ul style="list-style-type: none"> • A school-based program that pairs child with paraprofessional child associates • Seen weekly for 30-45 minutes individually or in small group session for 15-20 sessions • Focus on reducing social, emotional, school adjustment challenges 	<p><i>Contact:</i> 295-1000 ext. 244 <i>Location:</i> 274 N. Goodman St., 14607 www.childrensinstitute.net</p>
START Program	<ul style="list-style-type: none"> • Designed for adolescent students who are working toward a high school diploma but need a special education program in a small, supportive and safe environment. 	<ul style="list-style-type: none"> • Academic and social emotional needs are met through individual and/or small group instruction. 	<p><i>Contact:</i> (585)383-6670 <i>Location:</i> 41 O'connor Rd 14450</p>
Lois E. Bird and Morgan School	<ul style="list-style-type: none"> • Serves Students Pre K – 8th Grade that are referred by the student's home school district. 	<ul style="list-style-type: none"> • The program provides small class sizes, high staff/student ratios, flexibility and Parent Outreach. • Helps Students develop skills in academics, 	<p><i>Contact:</i> (585) 383-2232 or (585) 586-1850 <i>Location:</i> 120 East Ave East Rochester, 14445</p>

		social interaction, communication and daily living.	
BOCES 1 Alternative Learning Academy	<ul style="list-style-type: none"> Serves high School Age Students 	<ul style="list-style-type: none"> Staff collaborates with Students, Families and the Community to maximize the potential of each student's post graduate, occupational, personal and social success. Students work closely with Teachers and Mental Health Staff to meet their academic, behavioral and emotional needs through one of three academies that provide a smaller more flexible environment. 	<i>Contact:</i> (585) 249-7250 or (585) 383-6464 <i>Location:</i> Foreman Center Campus Building 10 25 O'Connor Rd Fairport, 14450
BOCES 2 Alternative Junior/Senior High School	<ul style="list-style-type: none"> For Students with a disabling condition in grades 7-12 who are not meeting with success in traditional public school settings. 	<ul style="list-style-type: none"> Provides a unique instructional setting and may include an alternative school day. Helps students' complete academic and vocational sequences leading to a High School Diploma. Includes an Intensive Mental Health component to address behavior and social emotional needs of the students. 	<i>Contact:</i> (585)352-2448 <i>Location:</i> Westview Commons in Gates, NY
STAGES (Unity)	<ul style="list-style-type: none"> Children age 8-11, identified as at-risk Within participating school districts (this can vary throughout the year) 	<ul style="list-style-type: none"> Program partners with schools to deliver services Program provides at-risk youth with life skills, tools, and knowledge to confidentially face challenges During school day, program runs for 45 minutes, afterschool program runs for 2 hours Programs run for 12-14 consecutive weeks 	<i>Contact:</i> (585) 392-5945 <i>Location:</i> 59 Henry St, 14468 Program delivered at school sites
<i>Crisis Services</i>			
Crisis Case Manager – Strong Child/Adolescent Outpatient Clinic	<ul style="list-style-type: none"> Children & adolescents experiencing a psychiatric crisis Children & adolescents seen within psychiatric emergency services or child crisis services at Strong 	<ul style="list-style-type: none"> Assists in securing concrete needs for families in crisis Provide follow-up and offsite observations Ensure appropriate linkage to ongoing services 	<i>Contact:</i> (585) 279-7800 <i>Location:</i> 315 Science Parkway, 14650
Emergency Respite Beds (ERB) (Hillside Children's Center)	<ul style="list-style-type: none"> Children & adolescents at or under age of 21 with SED or significant mental health challenge 	<ul style="list-style-type: none"> Provides short-term crisis stabilization (5-7 days) Respite provided by host families in the 	<i>Intake:</i> (585) 256-7500 <i>Location:</i> 1183 Monroe Ave,

	<ul style="list-style-type: none"> ○Who are experiencing an acute psychiatric crisis or in need of brief out-of-home stay to facilitate crisis stabilization ○At risk for out-of-home placement or acute hospitalization 	<p>community</p> <ul style="list-style-type: none"> ● Intensive child & family intervention & planning by Care Coordinator to ensure return home ● Family Advocate can assist with engagement 	<p>14609</p> <ul style="list-style-type: none"> ● Host families located in the community <p>www.hillside.com</p>
Family Crisis Support Services (FCSS) (Hillside Children’s Center)	<ul style="list-style-type: none"> ● Children & adolescents between the ages of 5-21 years with SED or significant mental health challenge <ul style="list-style-type: none"> ○At risk for out-of-home placement or acute hospitalization ○Would benefit from additional support as a follow up to other acute care services 	<ul style="list-style-type: none"> ● Provides short-term crisis stabilization (4-6 weeks) within current living situation ● Services could include: youth & parent skill-building, family support & advocacy, & emergency crisis support ● Program will provide intensive crisis support planning & provide linkages to ongoing services as needed 	<p><i>Intake:</i> (585) 256-7500</p> <p><i>Location:</i> 1 Mustard Street, 14609</p> <p>www.hillside.com</p>
Family Preservation (Hillside Children’s Center)	<ul style="list-style-type: none"> ● Children and adolescents ages birth – 17 years of age ● Youth who cannot be safely managed in their current community setting ● Youth with acting out behaviors (AWOL, oppositional), history of aggressive behavior, substance abuse and/or alcohol issues, sexual abuse, depression 	<ul style="list-style-type: none"> ● Program goals to assist families in stabilizing crises and preventing family disintegration ● Provides short-term, home-based individual and family therapy (4-6 weeks 10/hrs per week) ● A focus on developing coping mechanisms and practical skills 	<p><i>Intake:</i> (585) 256-7500</p> <p><i>Location:</i> 1 Mustard Street, 14609</p> <p>www.hillside.com</p>
Home Based Crisis Intervention (HBCI) – Unity Behavioral Health	<ul style="list-style-type: none"> ● Children & adolescents between ages 5 – 17 <ul style="list-style-type: none"> ○Who are experiencing a serious psychiatric crisis and are at imminent risk of psychiatric hospitalization ○Linked to a primary therapist ○Have parents/guardians who will commit to a safety watch/plan 	<ul style="list-style-type: none"> ● Program goal to prevent unnecessary inpatient psychiatric hospitalization ● Services to begin within 24 hrs after accepted referral ● Provides short-term crisis intervention (2-8 weeks) ● Program will provide intensive in home family therapy, crisis support planning & provide linkages to ongoing services as needed 	<p><i>Intake:</i> (585) 368-3614</p> <p><i>Location:</i> 89 Genesee St., 14611</p>
Rochester Mobile Crisis Response	<ul style="list-style-type: none"> ● Any Monroe County resident in acute 	<ul style="list-style-type: none"> ● Crisis intervention, client/situation 	<p><i>Contact:</i> Life Line: 211</p>

Team	psychiatric crisis <ul style="list-style-type: none"> Any community member in need of consultation and/or guidance 	stabilization <ul style="list-style-type: none"> Mental health assessments Parent Advocate is full time team member Rapid linkage and/or re-linkage to treatment providers Interim/bridge mental health treatment Mental hygiene arrests under Article 945 of the Mental Hygiene Law Critical Incident Stress Management Respite housing when available Workshops, presentations concerning mental health issues Business hours: M-F 8:30am-10pm, weekends 10am-6:30pm After hours on call is available and can provide face to face consultation as deemed appropriate 	http://www.urmc.rochester.edu/psychiatry/clinical/acute/mobile.cfm
Acute Services			
<i>Emergency Departments</i>			
Rochester General	<ul style="list-style-type: none"> Any age 	<ul style="list-style-type: none"> Services include: evaluation, treatment, crisis intervention, medication Can provide psychiatric evaluation for children & adolescent 	<i>Contact:</i> 922-2575 <i>Location:</i> 1425 Portland Avenue, 14621 www.rochestergeneral.org
St. Mary's	<ul style="list-style-type: none"> Any age 	<ul style="list-style-type: none"> Services include: evaluation, treatment, crisis intervention, medication Can provide psychiatric evaluation for children & adolescent 	
Strong Hospital Comprehensive Psychiatric Emergency Program (CPEP)	<ul style="list-style-type: none"> Any age 	<ul style="list-style-type: none"> Services include: evaluation, treatment, crisis intervention, medication Can provide psychiatric evaluation for children & adolescent and admit to Inpatient 	<i>Contact:</i> 463-2970 <i>Location:</i> 601 Elmwood Avenue, 14642 www.urmc.rochester.edu
<i>Short-term hospitalization/Outpatient</i>			

Partial Hospitalization - Strong	<ul style="list-style-type: none"> • Children and adolescents age 12 to 18 who are: <ul style="list-style-type: none"> ○ At risk for psychiatric hospitalization ○ In transition from a hospital stay ○ Experiencing significant impairments of functioning at home, school, or in the community 	<ul style="list-style-type: none"> • Treatment provided by diverse treatment team to focus on increased safety, decreased hospitalization, and increased functioning • Treatment modalities include: individual, group, milieu, and family therapy, and pharmacotherapies • Average length of stay is three weeks • Program runs M-F 7:45am-2:45pm during the school year; summer months are 8am-1pm. 	<p><i>Intake:</i> (585) 279-7800 <i>Location:</i> 315 Science Parkway, 14620 www.urmc.rochester.edu</p>
Child & Adolescent Inpatient Hospitalization - Strong	<ul style="list-style-type: none"> • Children and adolescents age 5 to 18 admitted through URM Strong Comprehensive Psychiatric Emergency Program (CPEP) 	<ul style="list-style-type: none"> • Interdisciplinary team provides inpatient services 24/7 for assessment and stabilization • Discharge planning occurs immediately in order to move child to least restrictive level of care as soon as possible • RCSD teachers provide on-site school program and interface with child's home school • Child & Adolescent Unit: 22 bed unit treating 5 to 18 years old 	<p><i>Contact:</i> 275-3535 <i>Location:</i> 300 Crittenden Blvd. 14642 www.urmc.rochester.edu</p>
<i>Long-term hospitalization</i>			
Western NY Children's Psychiatric Center	<ul style="list-style-type: none"> • Serves children age 4 – 18 • Referrals should be completed by acute services • 	<ul style="list-style-type: none"> • Services provided include: inpatient treatment services and outpatient services including Day Treatment, Clinic Treatment, Intensive Case Management and Mobile Mental Health Consultation Services • Educational services provided as per State Education Department regulations 	<p><i>Contact:</i> (716) 677-7000 <i>Location:</i> 1010 East and West Road, West Seneca 14224 www.omh.state.ny.us</p> <p>A copy of the referral must be sent to Heather Starks (Children Clinical Services Coordinator – MCOMH)</p>
Residential Services			
<i>Foster Care</i>			
Therapeutic Foster Care (TFC) (Hillside Children's Center)	<ul style="list-style-type: none"> • Male and Female Youth ages 5-17 with an IQ of 70 or above whose behaviors 	<ul style="list-style-type: none"> • Services include: Foster Family Care, Case Management, Permanency Planning, 	<p><i>Contact:</i> Hillside Service Integration at 256-7500 or</p>

	<p>make it difficult for them to be maintained at home or in a lower level of foster care.</p> <ul style="list-style-type: none"> The goal is to reunify the youth with their own family or if the child is freed to establish them as quickly as possible in permanent adoptive families. 	<ul style="list-style-type: none"> Coordination of Medical care and Educational Planning. Mental Health Services are provided or contracted through another mental health service provider if necessary. 	<p>contact the family's DHS worker. Hillside Children's Center 1337 E. Main St., 14609 www.hillside.com</p>
<i>Community Residences/Group Homes</i>			
Lake Breeze Community Residence for Adolescents (Pathways Inc.)	<ul style="list-style-type: none"> Youth ages 13 -17 at the time of admission who meet the criteria of having a serious emotional disturbance. 	<ul style="list-style-type: none"> Provides structure, support and supervision within a therapeutic living environment Service can include: Behavior Management Training, Counseling Services, Daily Living Skills training, Health Services, Independent Living Skills Training, Medication Management and Training and Socialization. Average Length of stay is 9-12 months. 	<p><i>Contact:</i> Program Director (585) 394-0380 <i>Location:</i> 3101 NYS Route 21 Canandaigua, NY 14424</p> <p>Referral must be approved by SPOA in youth's county of origin as well as the Lake Breeze intake committee.</p>
Smith Road Community Residence (Rochester Psychiatric Center)	<ul style="list-style-type: none"> Serves youth age 13-18 who are seriously emotionally disturbed and, with supervision are able to participate in community school, social and recreational activities. 	<ul style="list-style-type: none"> Partner with families. Provides a therapeutic milieu that includes structured daily living activities, the teaching of problem solving skills, a behavior management system and caring, consistent adult relationships. Strongly networked with other local mental health services. 	<p><i>Phone:</i> (585) 241-1778 <i>Location:</i> 446 Smith Road, 14580</p> <p>Referral must be approved by SPOA in youth's county of origin.</p>
Tuckahoe Road Community Residence (St. Joseph's Villa)	<ul style="list-style-type: none"> Serves youth age 13-18 with diagnosed psychiatric illness. 	<ul style="list-style-type: none"> Youth benefit emotionally, functionally and socially from a community living situation that is structure, therapeutic and closely supervised. Close partnership between youth, families and staff help teens achieve educational, vocational and independent living goals. 	<p><i>Contact :</i> (585) 865-1550 x 115 St. Joseph Villa Intake Department www.stjosephsvilla.org</p>

<i>Residential Treatment Centers</i>			
Crestwood Children's Center	<ul style="list-style-type: none"> • 8 bed co-ed program that serves youth ages 5-12. • Must be referred through the home school district or the Department of Human Services. 	<ul style="list-style-type: none"> • Provides intensive interdisciplinary care and treatment by combining a highly structured group living environment with family centered treatment. • Youth receive Special Education services on campus or in the community in select situations. • Upon discharge Crestwood provides services to help youth transition back to community life. 	<p>Hillside Family of Agencies (585) 256-7500 or info@hillside.com</p> <p>Location: 2075 Scottsville Road, 14623</p>
Hillside Children's Center Hillside Children's Center- (Specialized Services)	<ul style="list-style-type: none"> • Must be referred by home school district • Male Youth ages 12-18 (ages 10 and 11 on an individual basis) who are nonadjudicated and court adjudicated for a sexual offense and who are mandated to residential treatment and who are at moderate to severe risk of offending or reoffending and must be able to be safely managed and effectively treated in the group setting.(do not require a secure setting) • IQ of 70 or above, with some exceptions for IQ between 65 and 70. 	<ul style="list-style-type: none"> • Highly intensified residential group care provided in 8 units of 8 beds.(4 units for younger adolescents and 4 units for older adolescents) • Provides youth a safe environment to participate in a variety of therapeutic, recreational and vocational activities. Interventions designed to help youth overcome trauma, develop new skills and heal relationships. • Parents are partners throughout the process. • Treatment includes Aggression Replacement Training,(ART) Trauma Focused Cognitive Behavioral Therapy (TF-CBT) and Positive Behavioral Interventions and Supports. (PBIS) 	<p><i>Contact:</i> Service Integration at (585) 256-7500 <i>Locations:</i> Snell Farm Children's Center in Bath, NY Hillside Children's Center's Varick Campus in Romulus, NY</p> <p>www.hillside.com</p>
Critical Care (GROW) Gaining Resiliency through Overall Wellness. (Hillside Children's Center)	<ul style="list-style-type: none"> • Female youth ages 12-18 who have experienced significant trauma in their lives. •Referrals must be made through the Office of Children and Family Services, Department of Human Services or Local School Districts. 	<ul style="list-style-type: none"> • GROW is an 8 bed unit that provides intensive residential care to emotionally and behaviorally challenged girls and their families. • The program combines a highly structured, therapeutic, group living experience with individual Dialectical Behavioral Therapy (DBT) treatment. 	<p><i>Contact:</i> Service Integration at (585) 256-7500. <i>Location:</i> Hillside Children's Center's Fingerlakes Campus 7432 County House Road, Auburn, NY</p> <p>www.hillside.com</p>

		<ul style="list-style-type: none"> • GROW assists youth in developing improved decision making skills, distress tolerance skills, emotion regulation skills, mindfulness, independent living skills and improved family and peer relationships. • Youth have individual bedrooms. • Anticipated length of stay is 9 months 	
St. Joseph's Villa	<ul style="list-style-type: none"> • Boys and Girls age 11 -17 who are referred base on their difficulty functioning safely and successfully with their Natural or Foster families, in school and/or the community 	<ul style="list-style-type: none"> • Provides a safe, structured, nurturing environment where youth maintain a daily routine and adhere to expectations of responsible behavior. • Youth attend the Campus School. • Youth are offered therapeutic Recreation services that include a great deal of Adventure Based Activity. • Adolescent Drug and Alcohol Treatment services are also available if needed. 	<p><i>Intake:</i> (585) 865-1550 x 115 <i>Location:</i> St. Joseph's Villa 3300 Dewey Avenue, 14616</p> <p>www.stjosephsvilla.org</p>
<i>Residential Treatment Facilities</i>			
Crestwood Children's Center	<ul style="list-style-type: none"> • All referrals must be approved by the local Office of Mental Health • Youth ages 5-13 with a serious and emotional disorder (SED) diagnosed by a physician or psychiatrist. 	<ul style="list-style-type: none"> • The Youth receives individual and group counseling, psychiatric services, therapeutic recreation and special education. • Services seek to return the youth to their home communities in as short a time as possible by helping them learn new ways of thinking and behaving, understand and manage their symptoms and enhance family and team's ability to support the youth in the home and community. • Expected length of stay is 9-12 months. 	<p><i>Contact:</i> (585) 753-6047</p> <p>Todd Liddell - Children's Services Specialist Monroe County OMH</p> <p>www.hillside.com</p>
Hillside Children's Center	<ul style="list-style-type: none"> • All referrals must be approved by the local Office of Mental Health • Youth ages 12-18 with a serious and emotional disorder (SED) diagnosed by a physician or psychiatrist. 	<ul style="list-style-type: none"> • The Youth receives individual and group counseling, psychiatric services, therapeutic recreation and special education. • Services seek to return the youth to their home communities in as short a time as possible by helping them learn new ways of thinking and behaving, understand and manage their symptoms and enhance family 	<p><i>Contact:</i> (585) 753-6047</p> <p>Todd Liddell - Children's Services Specialist Monroe County OMH</p> <p>www.hillside.com</p>

		<p>and team's ability to support the youth in the home and community.</p> <ul style="list-style-type: none"> • Expected length of stay is 9-12 months. 	
St. Joseph's Villa	<ul style="list-style-type: none"> • All referrals must be approved by the local Office of Mental Health • Youth ages 13-18 with a serious and emotional disorder (SED) diagnosed by a physician or psychiatrist. 	<ul style="list-style-type: none"> • The Youth receives individual and group counseling, psychiatric services, therapeutic recreation and special education. • Services seek to return the youth to their home communities in as short a time as possible by helping them learn new ways of thinking and behaving, understand and manage their symptoms and enhance family and team's ability to support the youth in the home and community. • Expected length of stay is 9-12 months. 	<p>Contact: (585) 753-6047</p> <p>Todd Liddell - Children's Services Specialist Monroe County OMH</p> <p>www.stjosephsvilla.org</p>
<i>Residential Programs - Other</i>			
Hillside Children's Center's Short Term Residential Services. (Horton or Varick Campus)	<ul style="list-style-type: none"> • Boys and Girls ages 5-18 with an IQ of 60 or above. • Experiencing behavioral challenges resulting in the child not being able to be maintained in their current setting. • Referrals are accessed through the Department of Human Services or a Local School District 	<ul style="list-style-type: none"> • Provides crisis stabilization, assessment and planning for future services needs including a stable living situation. • Youth who require further assessment to adequately address their challenges may transition into a diagnostic service within the same program. • Average length of stay is 30-90 days. 	<p>Contact: Hillside Service Integration at 256-7500</p> <p>Location: Hillside Children's Center 1183 Monroe Ave or Varick 4887 State Rt. 96A Romulus.</p> <p>www.hillside.com</p>
Harmony Place(Adolescent Eating Disorders Residential Treatment Program)	<ul style="list-style-type: none"> • Adolescents age 12- 18. • Generally, youth are referred after multiple hospitalizations and chronic difficulty maintaining recovery at home through medical inpatient and outpatient services. 	<ul style="list-style-type: none"> • 8 Bed residence on St. Joseph's Villa's main campus. • Safe, structure and supervised environment that allows individualized planning and family engagement to occur. • The Program benefits from the collaborative expertise, consultation and referrals available through it's affiliation with the Western New York Comprehensive Care Center for Eating Disorders. 	<p>Phone: Harmony Place at 1-877-520-2667 or (585) 581-4626</p> <p>Location: St. Joseph's Villa 3300 Dewey Avenue , 14616</p> <p>Email: eatingdisorders@stjosephsvilla.org</p>
Residential Treatment Diagnostic	<ul style="list-style-type: none"> • Serves youth age 10-18 who are in crisis. • Referrals are accessed through the 	<ul style="list-style-type: none"> • Provides a safe, supportive and structured environment in which comprehensive arrays 	<p>Phone: Service Integration (585) 256-7500</p>

	Department of Human Services or a Local School District.	of evaluative assessments are conducted. <ul style="list-style-type: none">• Designed to help youth and families better understand challenges and develop future service and treatment recommendations.	<i>Locations:</i> Hillside Children's Center 1183 Monroe Ave, or Varick 4887 State Rt. 96A, Romulus www.hillside.com
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